

The Jewels of the Atlantic

Connecting Continents
and Cultures



📍 Las Puntas, El Hierro

Contents

0

Introduction

1

Tenerife

2

La Palma

3

La Gomera

4

El Hierro



Ports of
Tenerife

Canary Islands, the *treasure* of the Atlantic

Imagine feeling the sand beneath your feet as gentle waves lap at the shore, exploring trails through volcanoes and enchanted forests, losing yourself in the history, culture, and hospitality of its people.

Every corner holds a surprise, and each day is an opportunity to create unforgettable memories. Picture yourself enjoying a sunset on a hidden beach, exploring ancient volcanic trails, or diving into crystal-clear waters to discover an underwater world teeming with life.

Each island has its own charm, with landscapes ranging from towering volcanoes to cliffs plunging into the ocean.



4 National Parks

Make the Canary Islands a Natural Paradise.

88 beaches

Located in Tenerife, La Palma, La Gomera, and El Hierro, waiting for you to enjoy the sun and the sea.

Feel the energy of...

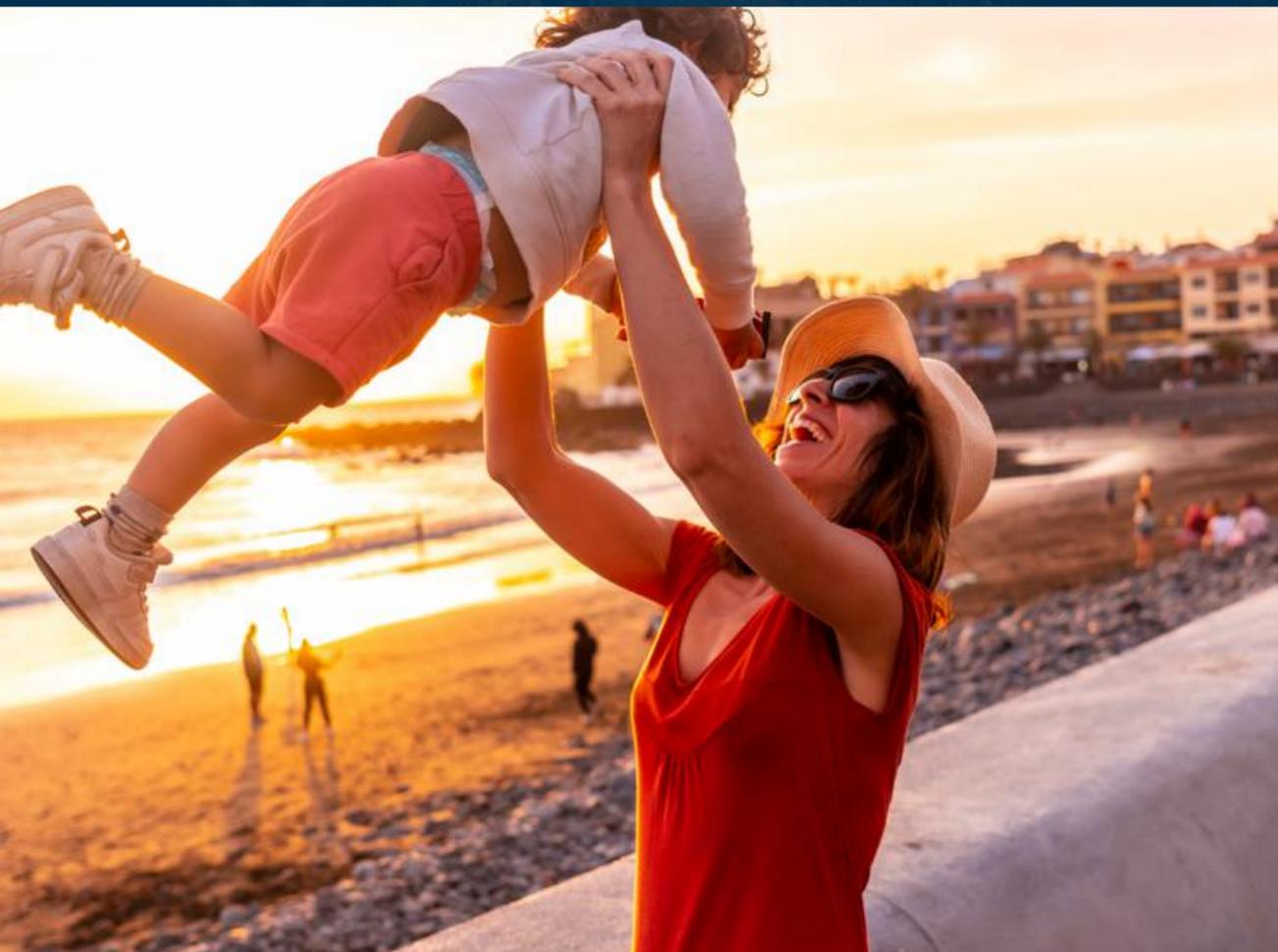
Spain's highest Volcano



📍 Roque de los Muchachos Astrophysical Observatory, La Palma



📍 Charco Azul, El Hierro



📍 Valle Gran Rey, La Gomera



📍 Taganana Coast, Tenerife

Canary Islands, a bridge between continents

Located in the Atlantic, next to the African continent, the Canary Islands are a crossroads for travelers from all over the world. With a privileged climate and well-connected airports, these islands are the perfect **meeting point** between Europe, Africa, and America.

In this catalog, we invite you to discover the islands of the **province of Santa Cruz de Tenerife**. We will explore Tenerife, La Palma, La Gomera, and El Hierro, whose ports are managed by the Port Authority of Santa Cruz de Tenerife. Join us on a journey through their stunning landscapes, rich culture, and vibrant history.



Distances

Plan efficient routes and gain a better understanding of the connections between the islands and other key points in the maritime world.

*Distances in nautical miles.

Origin	Arrecife (Lanzarote)	Barcelona	Cádiz	Casablanca	Funchal (Madeira)	Gibraltar	Hamburgo	La Estaca (El Hierro)	Las Palmas (Gran Canaria)	Lisboa	Los Cristianos (Tenerife)	Málaga	Miami	Ponta Delgada (São Miguel)	Praia (Santiago)	Pto. del Rosario (Fuerteventura)	San Sebastián de La Gomera	Santa Cruz de La Palma	Santa Cruz de Tenerife	Southampton	Tánger
Arrecife (Lanzarote)		1118	585	419	303	609	1967	245	111	624	203	661	4021	816	1110	33	202	230	192	1501	577
Barcelona	1118		605	708	1127	521	2185	1311	1218	838	1288	472	4376	1502	2154	1145	1270	1287	1241	1722	548
Cádiz	585	605		190	576	73	1614	784	687	250	747	153	4424	943	1591	612	745	754	703	1155	73
Casablanca	419	708	190		472	203	1681	618	528	328	597	253	3785	925	1423	449	578	588	551	1203	126
Funchal (Madeira)	303	1127	576	472		612	1812	296	282	530	274	675	3352	530	1125	303	275	447	609	1325	586
Gibraltar	609	521	73	203	612		1672	815	701	277	776	62	3857	990	1597	636	776	778	724	1209	35
Hamburgo	1967	2185	1614	1681	1812	1672		2093	2061	1389	2056	1758	4358	1807	2975	1997	2073	2018	2034	516	1653
La Estaca (El Hierro)	245	1311	784	618	296	815	2093		137	710	66	864	3644	711	864	237	94	134	53	1577	779
Las Palmas (Gran Canaria)	111	1218	687	528	282	701	2061	137		710	97	768	3543	777	915	101	47	54	117	1567	681
Lisboa	624	838	250	328	530	277	1389	710	710		746	402	4279	791	1125	303	275	447	609	922	318
Los Cristianos (Tenerife)	203	1288	747	597	274	776	2056	66	97	746		825	3699	731	896	181	22	70	45	1549	743
Málaga	661	472	153	253	675	62	1758	864	768	402	825		3921	1046	1686	690	823	832	785	1266	93
Miami	4021	4376	4424	3785	3352	3857	4358	3644	3543	4279	3699	3921		2868	3355	3877	3688	3667	3429	3887	3801
Ponta Delgada (São Miguel)	816	1502	943	925	530	990	1807	711	777	791	731	1046	2868		1385	820	720	676	741	1396	958
Praia (Santiago)	1110	2154	1591	1423	1125	1597	2975	915	864	1125	896	1686	3355	1385		976	194	227	164	2565	1648
Pto. del Rosario (Fuerteventura)	33	1145	612	449	303	636	1997	101	237	303	181	690	3877	820	976		51	64	438	1476	600
San Sebastián de La Gomera	202	1270	745	578	275	776	2073	94	47	275	22	823	3688	720	194	51		98	372	1546	739
Santa Cruz de La Palma	230	1287	745	588	447	778	2018	134	54	447	70	832	3667	676	227	64	98		192	1528	740
Santa Cruz de Tenerife	192	1241	703	551	609	724	2034	53	117	609	45	785	3429	741	164	438	372	192		1570	701
Southampton	1501	1722	1155	1203	1325	1209	516	1577	1567	922	1549	1266	3887	1396	2565	1476	1546	1528	1570		1106
Tánger	577	548	73	126	586	35	1653	779	681	318	743	93	3801	958	1648	600	739	740	701	1106	

Discover **Tenerife**, an island of contrasts

Tenerife invites you to explore a world where nature and adventure intertwine in perfect harmony. With its warm and pleasant climate all year round, it is the ideal destination for those seeking a blend of relaxation and excitement.



Ports of Tenerife

The island has two ports ready to receive cruises: one in the capital city of Santa Cruz de Tenerife and another in the south of the island, Los Cristianos Port.

📍 LATITUDE: 28°16'07" N | LONGITUDE: 16°36'20" W

ATLANTIC OCEAN

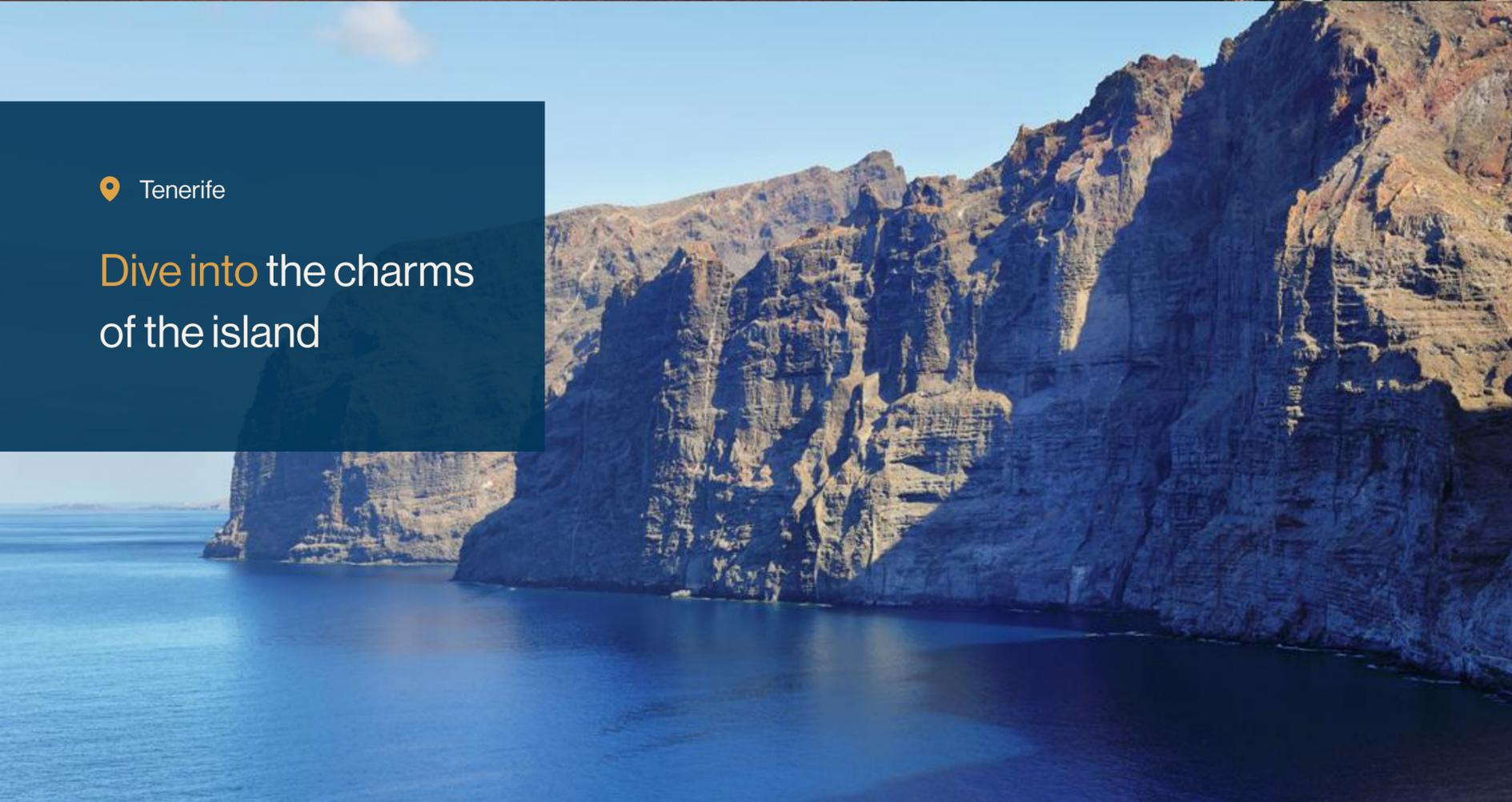
Port of SANTA CRUZ DE TENERIFE

Port of LOS CRISTIANOS

📄 Map of Santa Cruz de Tenerife

📄 Map of Arona





📍 Tenerife

Dive into the charms
of the island



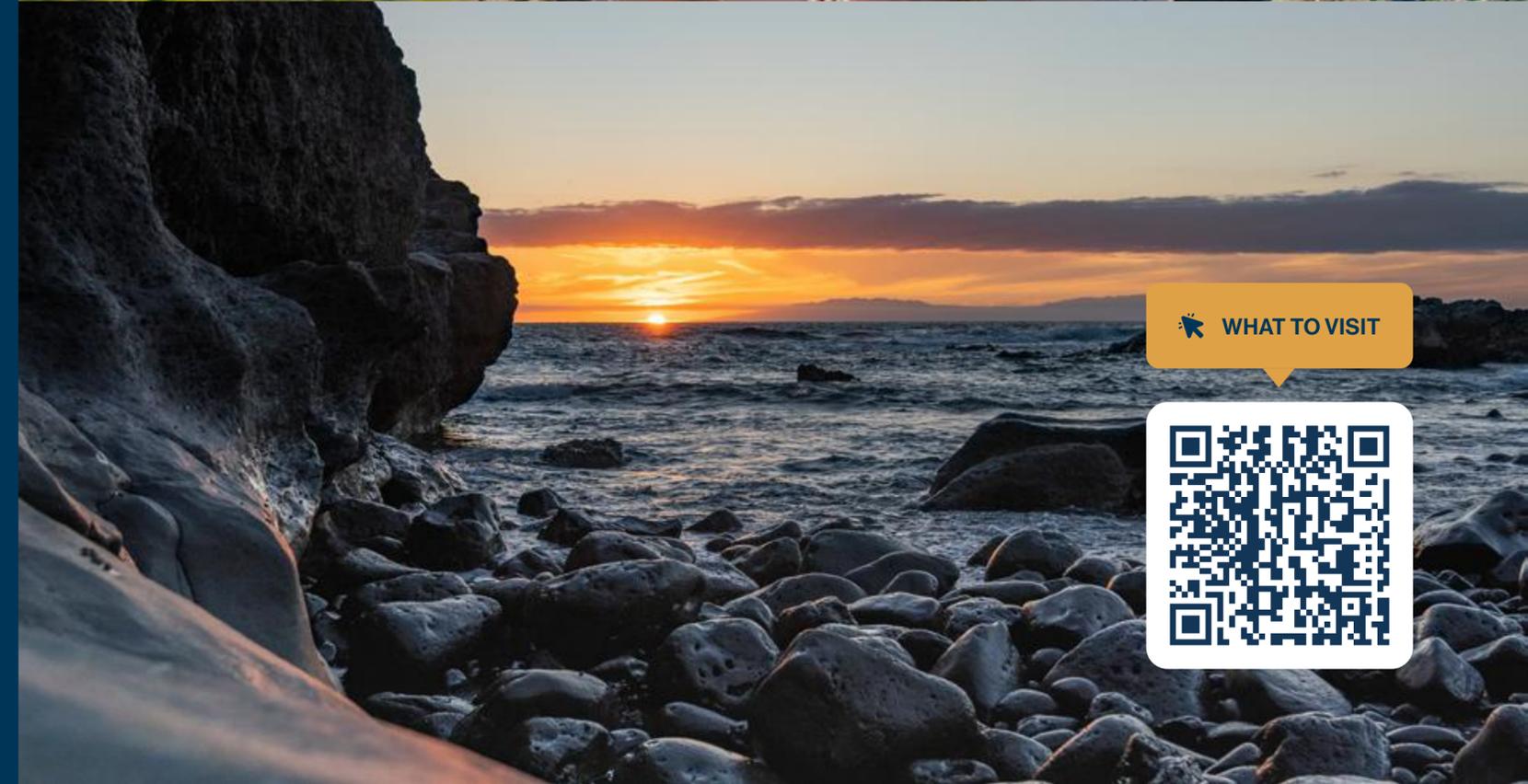
Nature and landscapes

The majestic **Teide**, Spain's highest peak, rises in its National Park, offering breathtaking views. In the **Anaga Massif**, a biosphere reserve, you can enjoy mountainous landscapes and lush laurel forests. The **Los Gigantes Cliffs** impress with their rock faces rising up to 600 meters, ideal for whale watching.

The **Teno Rural Park** is another must-see destination, with its dramatic landscapes and hiking trails that wind through ravines and mountains. The **Cueva del Viento**, one of the longest volcanic tubes in the world, offers a fascinating underground experience. The **Malpaís de Güímar**, a protected volcanic area, offers unique landscapes and trails through lava fields.

The **Infierno Ravine** in Adeje challenges you to experience the adventure of finding its hidden waterfall. Additionally, the many beaches—white-sand ones like **Las Teresitas** and **El Duque beach**, or volcanic black-sand ones like **Playa Jardín** and **Benijo**—are perfect for relaxing and enjoying the sea.

For all of this and much more, get ready to fall in love with Tenerife



History and culture

The **Historic Center of La Laguna**, a UNESCO World Heritage Site, offers a journey into the past. The picturesque village of **Garachico** is known for its natural pools formed by volcanic lava and its charming historic atmosphere. In Icod de los Vinos, the **Drago Milenario**, a plant between 800 and 1,000 years old, is a National Monument and the oldest of its kind. Additionally, the **Tenerife Auditorium**, designed by Santiago Calatrava, is a modern cultural symbol of the island.

The **Archaeology and Nature Museum (MUNA)** houses important archaeological and ethnographic collections, providing deep insights into the history and culture of the Canary Islands. The **Castle of San Cristóbal** is a historic fortress that once protected the island from pirates. The **Nuestra Señora de Candelaria Basilica** is an important pilgrimage site, dedicated to the patron saint of the Canary Islands. The **Güímar Pyramids** are another fascinating historical mystery. The **Guimerá Theatre**, the oldest theater in the Canary Islands, the **Casa de Los Balcones**, a jewel of Canarian architecture, and the **Punta de Teno Lighthouse** are other attractions that will stay with you forever.

Explore other corners that will be etched in your memory.



👉 WHAT TO VISIT

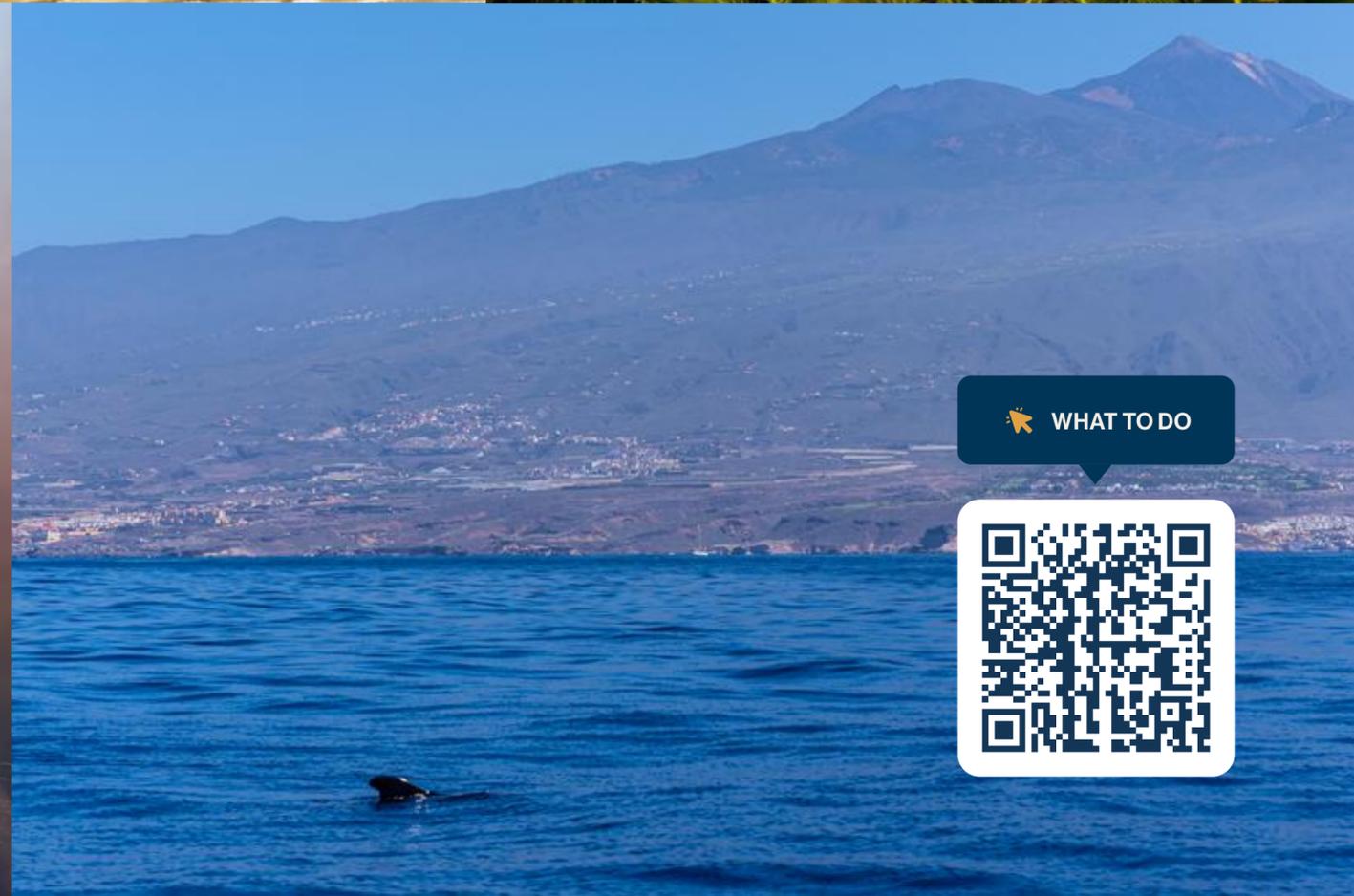




Activities

Tenerife is a paradise for lovers of outdoor activities and thrilling experiences. The island offers a wide range of options for all tastes and levels of adventure.

- Whale and dolphin watching
- Climbing to the peak of Mount Teide
- Swimming at César Manrique Maritime Park
- Hiking in Anaga and the Masca ravine
- Bathing in Lago Martiánez
- Surfing, windsurfing, or kitesurfing in El Médano
- Water parks, theme parks, aquariums, and zoos
- 9 golf courses along the Atlantic



Gastronomy

The gastronomy of Tenerife is as diverse and rich as its landscapes. The island offers a delightful mix of traditional flavors that reflect its history and culture.

- Wines with Designation of Origin
- Ribs with Potatoes and Corn
- Carne Fiesta
- Rabbit in Salmorejo Sauce
- Rancho Canario (Canarian Stew)
- Puchero (Traditional Stew)
- Ropa Vieja (Canarian Stew with Chickpeas)
- Fresh Fish
- Limpets
- Special Coffee: Barraquito / Zaperoco



 [LEARN MORE](#)



Getting around Tenerife

The island has a well-connected system of buses (called *guaguas* in the Canary Islands), trams, taxis, and rental cars that will allow you to explore all its corners without worries. Whether you want to visit paradise beaches, charming villages, or impressive natural parks, getting around Tenerife is easy and accessible for everyone.

Public and rental transport

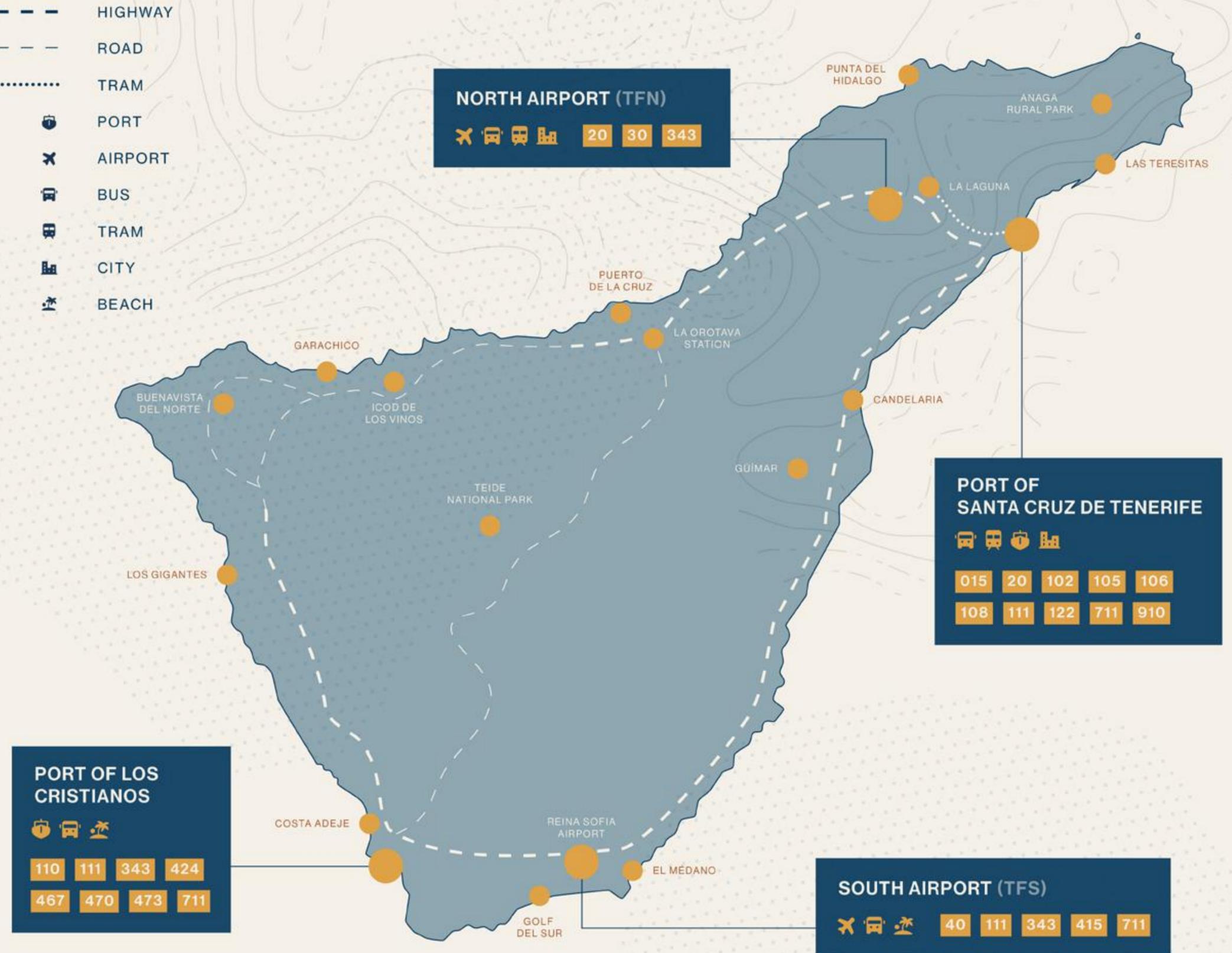
 Taxis

 Buses

 Tram

 Drive Easy!

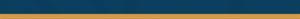
-  HIGHWAY
-  ROAD
-  TRAM
-  PORT
-  AIRPORT
-  BUS
-  TRAM
-  CITY
-  BEACH



From *the port* to Santa Cruz: **bus**

The Port of Santa Cruz de Tenerife is located right in the city, allowing passengers who disembark to access various iconic locations on the island in no time.

Legend

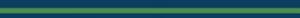
-  Tram
 -  Bus
 -  Taxi
 -  Bike Lane
 -  Dock
 -  Information
 -  Shopping
 -  Bars
 -  Park
 -  Casino
 -  Sports
 -  Theater
-  Outbound
 Return

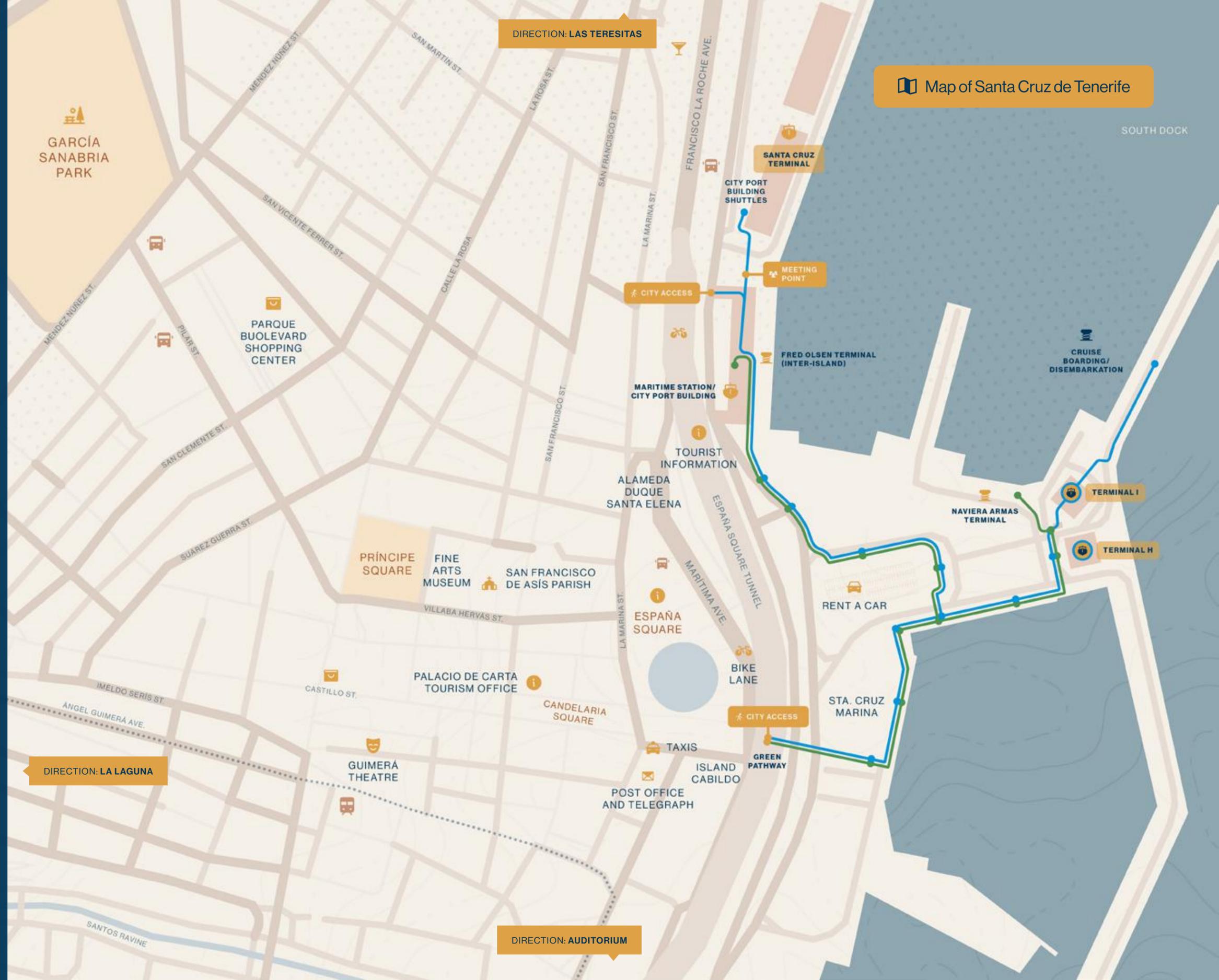


From *the port* to Santa Cruz: **walking**

The Port of Santa Cruz de Tenerife is located right in the heart of the city, allowing passengers who disembark to reach various iconic locations on the island in no time.

Legend

- | | | | |
|---|-------------|---|----------|
|  | Tram |  | Shopping |
|  | Bus |  | Bars |
|  | Taxi |  | Park |
|  | Bike lane |  | Casino |
|  | Dock |  | Sports |
|  | Information |  | Theater |
-
- | | |
|---|--------------|
|  | Cruises |
|  | Inter-Island |



Map of Santa Cruz de Tenerife



⚠️ Basic measures for cruise passengers

- 👣 Follow the designated path, do not leave it due to the risk of being hit.
- 🏗️ Do not enter port operation areas.
- 🚌 Access buses through protected areas.
- 🚲 Use of personal mobility vehicles within the port area is prohibited (for cruise passengers and crew members).



📁 LABOUR RISK PREVENTION



Useful telephone numbers

PORT POLICE	922 605 555
EMERGENCY SERVICES	112

📍 Panoramic View of Santa Cruz de Tenerife



Discover **La Palma**, the *Beautiful Island*

La Palma invites you to immerse yourself in a world where nature and tranquility blend in perfect harmony. Known as the "Beautiful Island" for its lush vegetation and stunning landscapes, La Palma is the ideal destination for those seeking an authentic and rejuvenating experience. From its dense laurel forests to its volcanic coasts and starry skies, every corner of the island promises an unforgettable adventure.

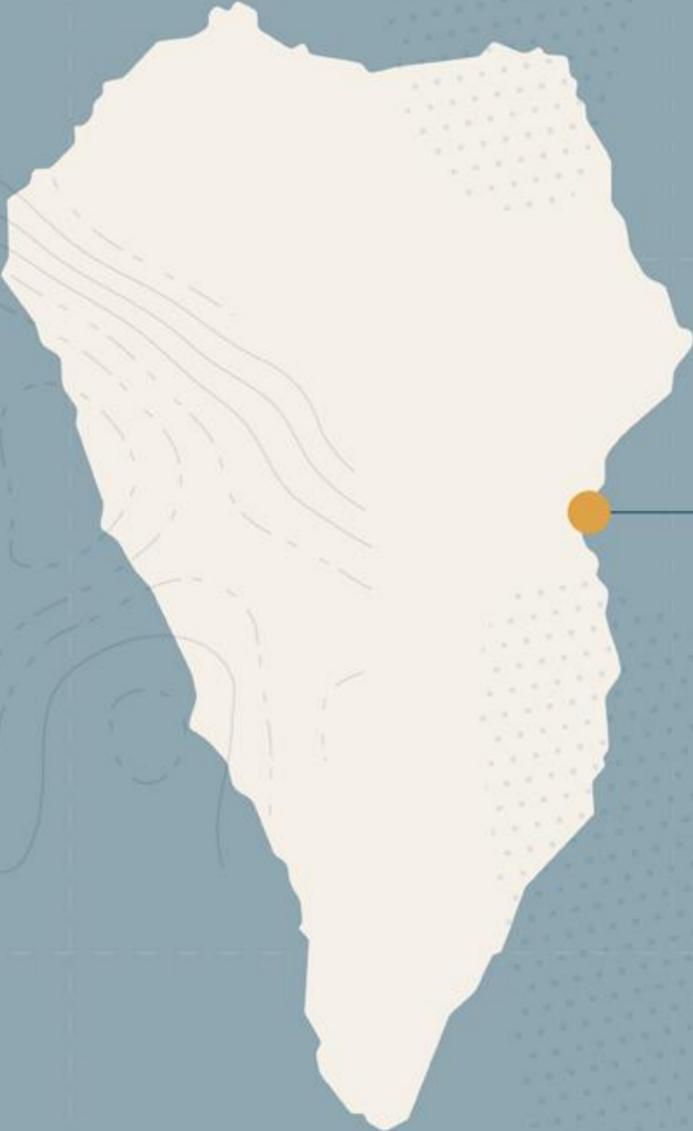


Port of **La Palma**

On the east of the island lies the Port of La Palma, one of the most prominent port destinations in the Atlantic.

📍 LATITUDE: 28°40'00" N | LONGITUDE: 17°51'30" W

ATLANTIC OCEAN



Port of
LA PALMA

📖 Map of Santa Cruz de La Palma





📍 La Palma

Let yourself be
amazed by La Palma

ATTRACTIONS OF LA PALMA

Nature and landscapes

The **Caldera de Taburiente National Park** stands out for its impressive volcanic crater and lush forests with unforgettable hiking trails. In **Los Tilos Forest**, a biosphere reserve, you can walk among ancient trees and enjoy spectacular waterfalls. **Roque de los Muchachos**, with its astrophysical observatory, offers breathtaking views both day and night.

The **Volcanoes Route** takes you through unique volcanic landscapes. The **Cueva Bonita**, a fascinating sea cave, invites you to explore its rock formations. The **Cumbre Vieja Natural Park** is perfect for hiking and nature lovers. The beaches of La Palma, such as **Puerto Naos**, **Charco Verde**, and **Nogales beach**, offer a variety of landscapes and peaceful, beautiful retreats.

Let yourself be captivated by the landscapes of La Palma.

 WHAT TO VISIT



History and culture

The **Historic Center of Santa Cruz de La Palma**, with its cobblestone streets and colonial houses, offers a journey into the past and reflects the island's rich maritime history. The picturesque village of **San Andrés y Sauces** is known for its traditional architecture and charming historic atmosphere. In El Paso, the **Virgen del Pino Hermitage**, a 16th-century construction, houses the image of the town's patroness. The **Plaza de España** in Santa Cruz de La Palma is an outstanding example of Renaissance architecture in the Canary Islands. The **Naval Museum**, located in a replica of the Santa María ship, offers a fascinating insight into the island's maritime history.

The **Royal Sanctuary of Nuestra Señora de Las Nieves** is an important pilgrimage site dedicated to the patroness of the island. The **Island Museum in Los Llanos de Aridane** houses collections of art, archaeology, and ethnography. The **El Salvador Church**, with its beautiful Renaissance facade, is another testament to the island's rich history. The **Belmaco Archaeological Park** features caves that contain ancient inscriptions of the Benahoaritas. Finally, the **Fuencaliente Lighthouse**, at the southern tip of the island, is not only a crucial landmark for navigation but also a place of impressive scenic beauty.

La Palma awaits you with open arms.



WHAT TO VISIT





Activities

La Palma offers a wide variety of activities that will make your visit a unique experience.

- Paragliding in Puerto Naos
- Diving in Los Cancajos
- Volcanoes Route
- Hiking in Caldera de Taburiente
- Stargazing
- Swimming in Charco Azul
- Getting soaked in Los Tilos waterfall
- Buying salt at the Fuencaliente salt flats



WHAT TO DO



ACTIVITIES AND GASTRONOMY

Gastronomy

La Palma invites you to discover and taste its rich culinary tradition, an island where the gastronomy, wines, and typical local products reflect its culture and people.

- Wines with Designation of Origin
- Tea Wine
- Palmero Cheese
- Goat Stew (Caldereta de Cabra)
- Garafiana Style Cod
- Escacho Palmero
- Palmero Pork Cracklings (Chicharrones)
- Prince Alberto Dessert
- Bienmesabe
- Sea Salt Flower



Discover **La Palma** with ease

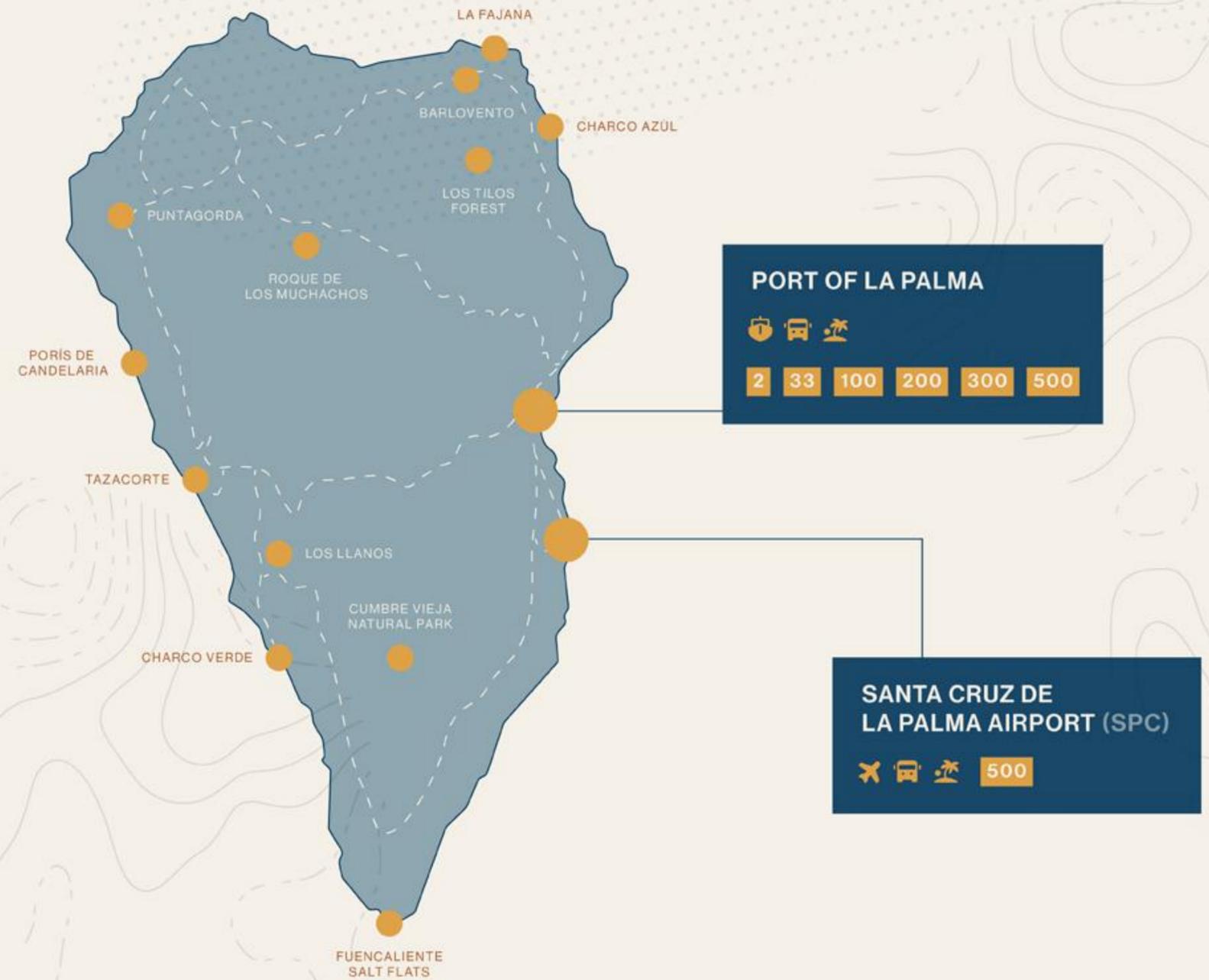
Exploring La Palma is simple and convenient thanks to its efficient public transportation network. The island has well-connected buses, taxis, and car rental services that allow you to travel to all its corners without hassle.

Public transportation

 Taxis

 Buses

-  ROAD
-  PORT
-  AIRPORT
-  BUS
-  BEACH



📍 La Caldera de Taburiente



Discover **La Gomera**, the *Magical Island*

La Gomera invites you to discover a paradise where nature and tradition intertwine in perfect harmony. Its calm atmosphere and unique landscapes are ideal for those seeking an authentic and enriching experience. Its lush laurel forests, impressive cliffs, and pristine beaches are a haven for nature lovers.

Every corner of the island offers an unforgettable experience. Come and discover why La Gomera is truly magical.



Port of La Gomera

The Port of La Gomera, located in the island's capital, San Sebastián de La Gomera, has been recently renovated and expanded to offer the best services.

 LATITUDE: 28°06'00" N | LONGITUDE: 17°14'00" W

 [Map of San Sebastián de La Gomera](#)



ATLANTIC OCEAN

Port of
LA GOMERA



📍 La Gomera

Unveil the magic
of La Gomera



ATTRACTIONS OF LA GOMERA

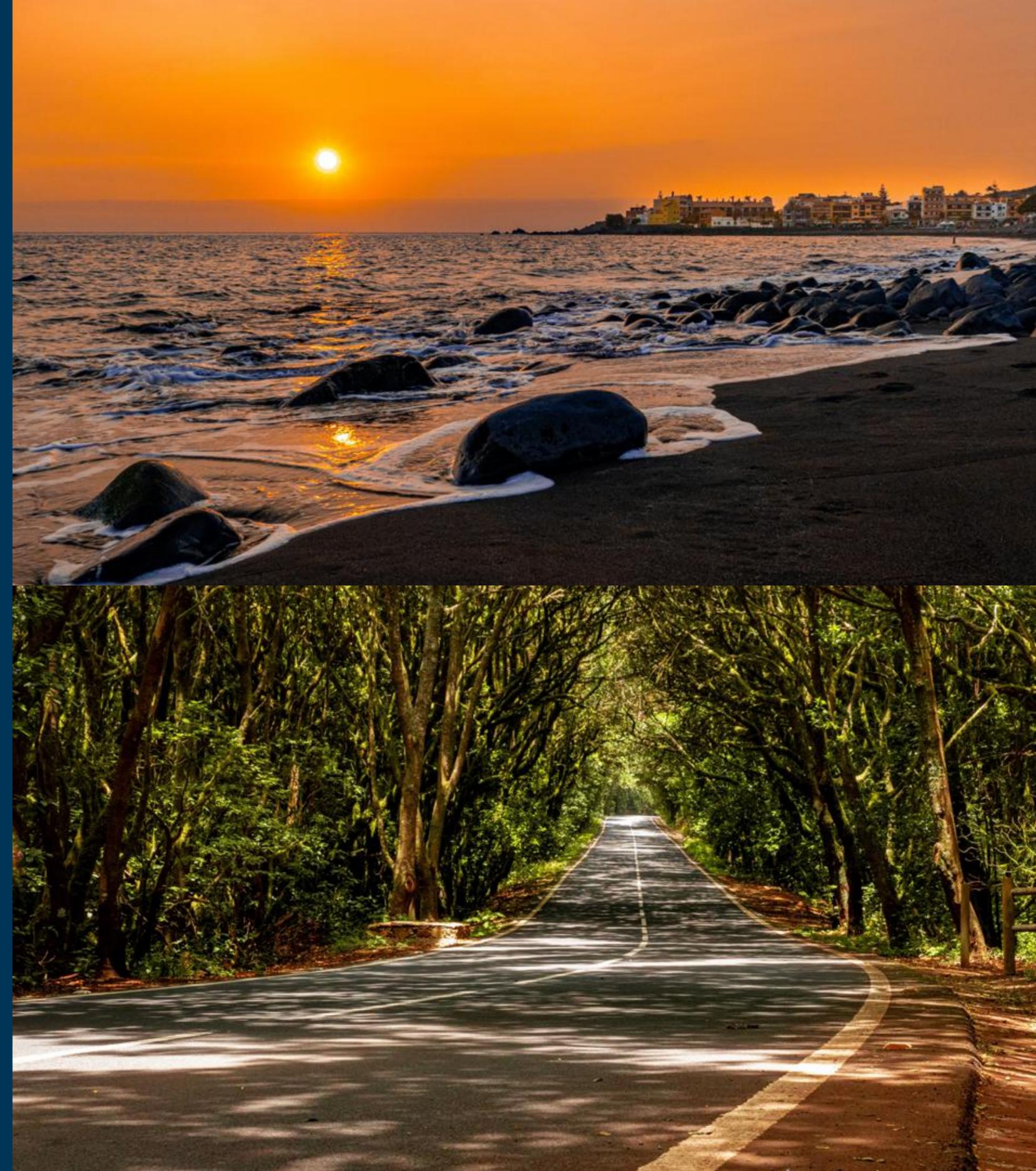
Nature and landscapes

The **Garajonay National Park**, a UNESCO World Heritage Site, with its lush laurel forests and hiking trails, takes you through rich landscapes. In **Valle Gran Rey**, enjoy agricultural terraces and calm beaches. The **Abrante Viewpoint** offers spectacular views of Mount Teide on clear days. **Santiago beach** and **Vueltas beach** are perfect for enjoying the sun and sea.

Los Órganos, accessible only by boat, present a unique visual spectacle. The **Roque Cano Natural Monument** dominates the landscape of Vallehermoso, and **Hermigua** stands out for its lush valley.

Explore La Gomera and enjoy its charming places.

 WHAT TO VISIT



ATTRACTIONS OF LA GOMERA

History and culture

La Gomera invites you on a journey through time, showcasing its rich history and culture. The **Historic Center of San Sebastián de La Gomera**, with its cobblestone streets and colonial buildings, offers a glimpse into the island's maritime past, where even Christopher Columbus stopped to gather supplies before beginning his long voyage. The charming village of **Agulo**, known for its traditional architecture and tranquil atmosphere, is a hidden gem.

In the municipality of **Hermigua**, the 17th-century **Santo Domingo Church** stands out for its historical and architectural significance. The **Torre del Conde** in San Sebastián is a 15th-century fortress crucial in the defense of the island. The **Saint John the Baptist Hermitage** in **Valle Gran Rey** reflects the religious devotion of the island's inhabitants. The **Archaeological Museum of La Gomera** houses collections that depict the lives of the ancient Gomerans. The **Customs House** (Casa de la Aduana) and the **Hermitage of Saint Isidore** are other points of historical interest. The village of **Vallehermoso** completes the cultural experience with its traditional charm.

La Gomera is ready to welcome you.



WHAT TO VISIT





Activities

In La Gomera, you'll never run out of activities to make your visit unforgettable.

- Hiking in Garajonay National Park
- Paragliding in Valle Gran Rey
- Diving in Santiago beach
- Viewpoints Route
- Swimming at La Galera beach
- Visit the House of Palm Honey
- Learn about the Silbo Gomero (Gomeroan Whistle)
- Yoga retreats



 WHAT TO DO



Gastronomy

Taste the flavors of La Gomera, where every bite connects you with the island.

- La Gomera Mistela
- Gomerón
- Watercress Stew (Potaje de Berros)
- Almogrote (Cheese Spread)
- Lard Rolls (Bollos de Manteca)
- Biscuits
- Baked Milk (Leche Asada)
- Curd Cakes (Tortas de Cuajada)
- Palm Honey from Guarapo



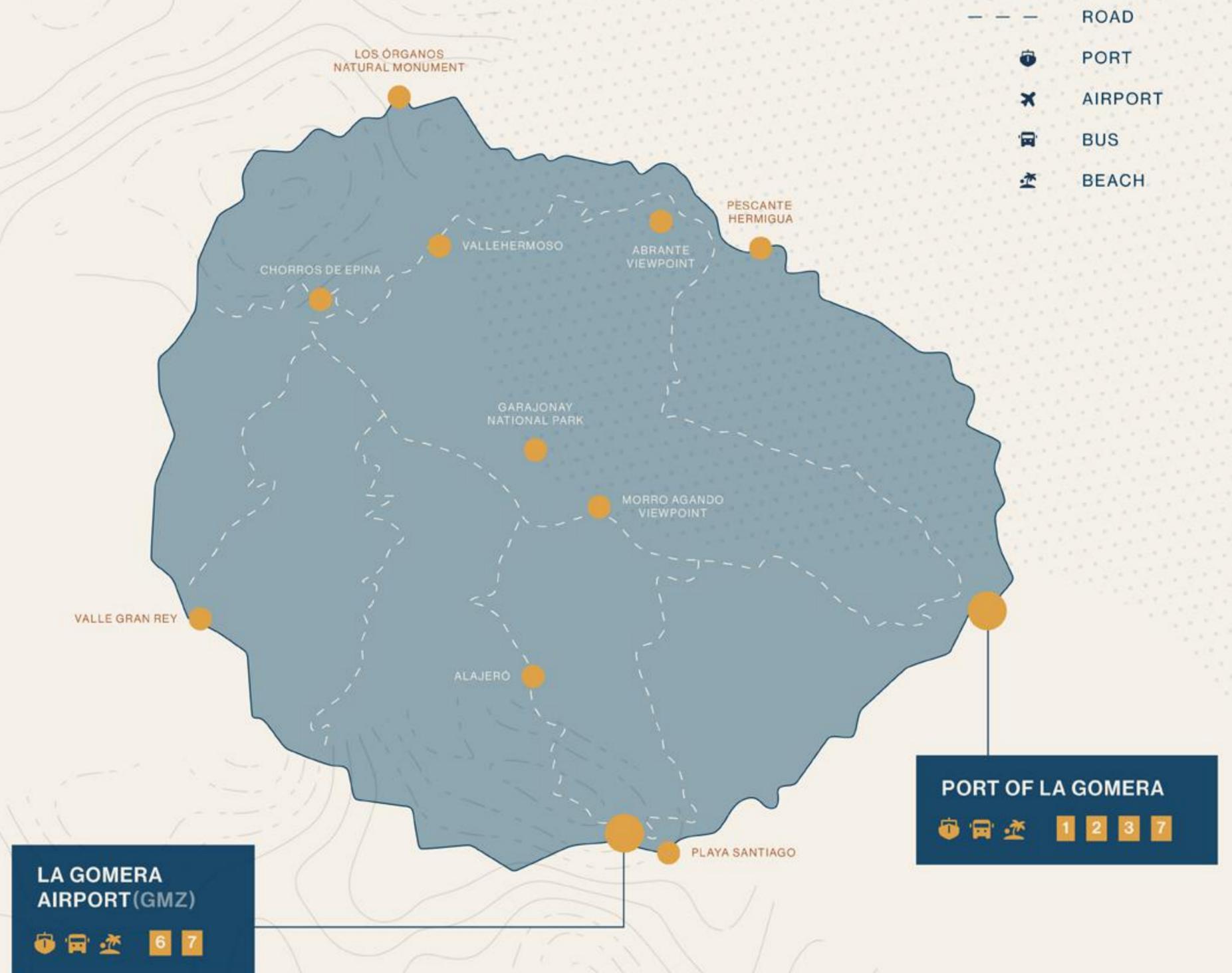
Explore **La Gomera** *without hassle*

Whether you want to explore its picturesque villages, enjoy its spectacular viewpoints, or relax on its calm beaches, La Gomera's public transportation and car rental services will get you to your destination.

Public transportation

 Taxis

 Buses





📍 Valle Gran Rey

Discover **El Hierro**, the island of *tranquility*

Let yourself be captivated by the charms of El Hierro, where every landscape invites you to relax and enjoy a deep connection with nature. From its impressive cliffs to its natural pools of crystal-clear water, every corner of El Hierro offers a unique experience. The island's trails lead you through lava fields, pine forests, and old rural paths, inviting you to discover its rich biodiversity.



Port of El Hierro

Located on the westernmost island of the archipelago, the Port of La Estaca in El Hierro is a crucial point in the maritime network of the islands.

📍 LATITUDE: 27°45'00" N | LONGITUDE: 18°00'00" W

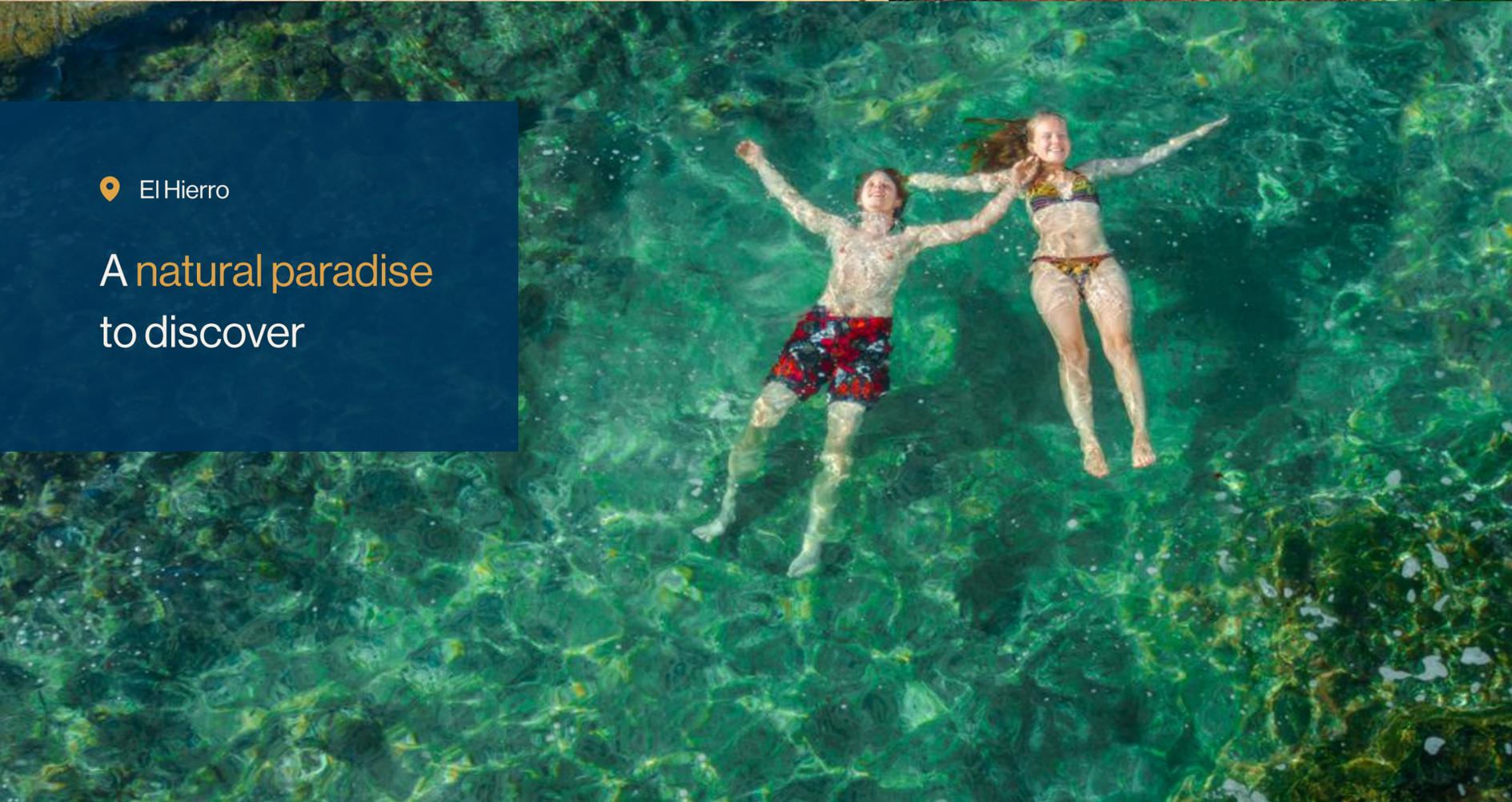


📖 Map of Valverde



Port of
LA ESTACA EL HIERRO

ATLANTIC
OCEAN



📍 El Hierro

A natural paradise
to discover



ATTRACTIONS OF EL HIERRO

Nature and landscapes

El Hierro, the smallest of the Canary Islands, invites you to explore its untouched nature and unique landscapes. From the **Bascos Viewpoint**, you can gaze at the vastness of the ocean. The **Mencáfete Reserve** is home to caves, juniper forests, and endangered species. The **Frontera Rural Park** combines forests and arid areas, while the **Las Playas Viewpoint** offers views of the Atlantic and beautiful beaches. The **La Peña Viewpoint**, designed by César Manrique, includes a restaurant with stunning views.

Enjoy the **Charco Azul** and explore the **Laurisilva Forest of La Llanía** with its volcanic craters. Relax at **Tacorón Beach** and be amazed by the junipers of **El Sabinar**. In **Tamaduste**, explore volcanic cones and a charming beach. The **Natural Pools of La Maceta** and the **Natural Monument of Las Playas** complete this paradise of tranquility and wild beauty.

Explore the wild beauty of El Hierro.

 WHAT TO VISIT



History and culture

The **Historic Quarter of Valverde** reflects the authentic essence of the island with its narrow streets and traditional houses. The **Sanctuary of La Virgen de los Reyes** is an important pilgrimage site. The **Guinea Ecomuseum** and the **Lagartario** provide insight into traditional Herreño life and the conservation of the El Hierro giant lizard.

The **Orchilla Lighthouse** is famous for its spectacular sunsets and historical significance. The **world's smallest hotel**, in Las Puntas, is a unique curiosity. The **La Peña Viewpoint**, designed by César Manrique, offers impressive views of **El Golfo Valley**. The **Pozo de Las Calcosas** charms visitors with its natural pools and stone houses. The **Jinama Viewpoint** provides a spectacular view of the island.

 WHAT TO VISIT



Discover the charms of El Hierro.



📍 Las Puntas Arch



Activities

Explore the adventures that El Hierro has to offer, making your trip truly special.

- Diving in La Restinga
- Visit the Lagartario
- Cycling on the Julian Route
- Paragliding in La Frontera
- Snorkeling in Tacorón
- Swimming in Charco Azul



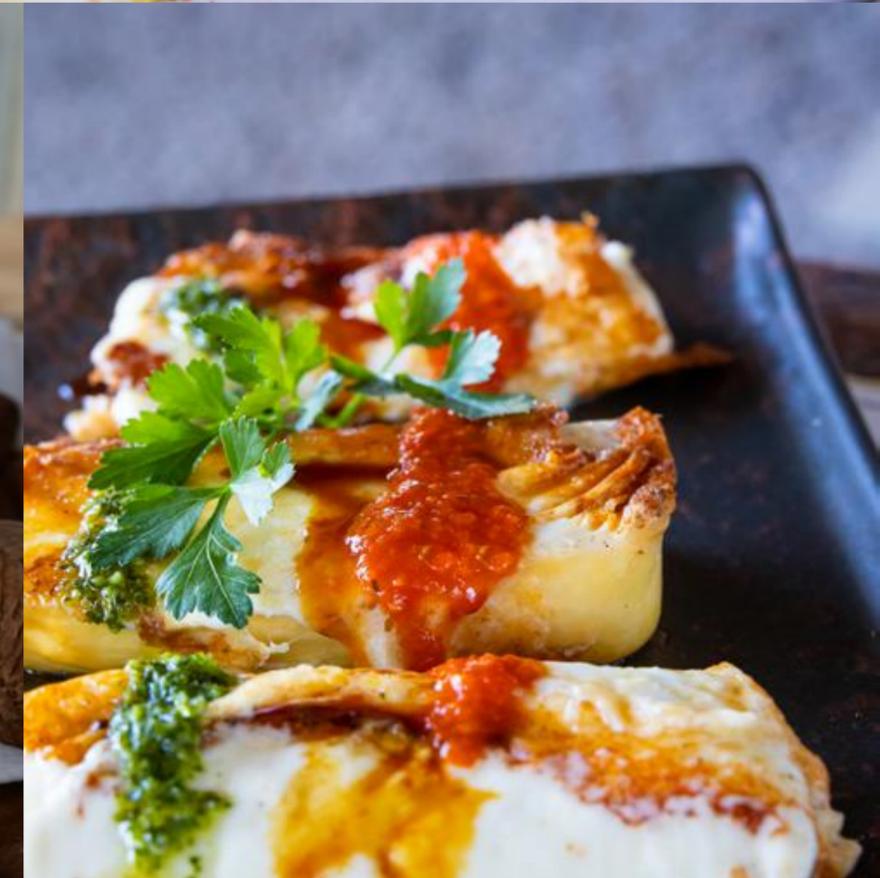
 WHAT TO DO



Gastronomy

Discover the authentic flavors of El Hierro, an island where its gastronomy, wines, and typical products tell a story.

- Wines with Designation of Origin
- Honey Rum (Ronmiel)
- Goat with Wrinkled Potatoes (Cabrito con Papas Arrugadas)
- Grilled Parrotfish (Vieja a la Plancha)
- Rabbit in Salmorejo Sauce
- Fish and Rice Soup
- Tollos (Dried Shark Strips)
- Herreño Cheese
- Herreña Quesadilla
- Angel Hair Pastries (Marquesones)



Get around El Hierro

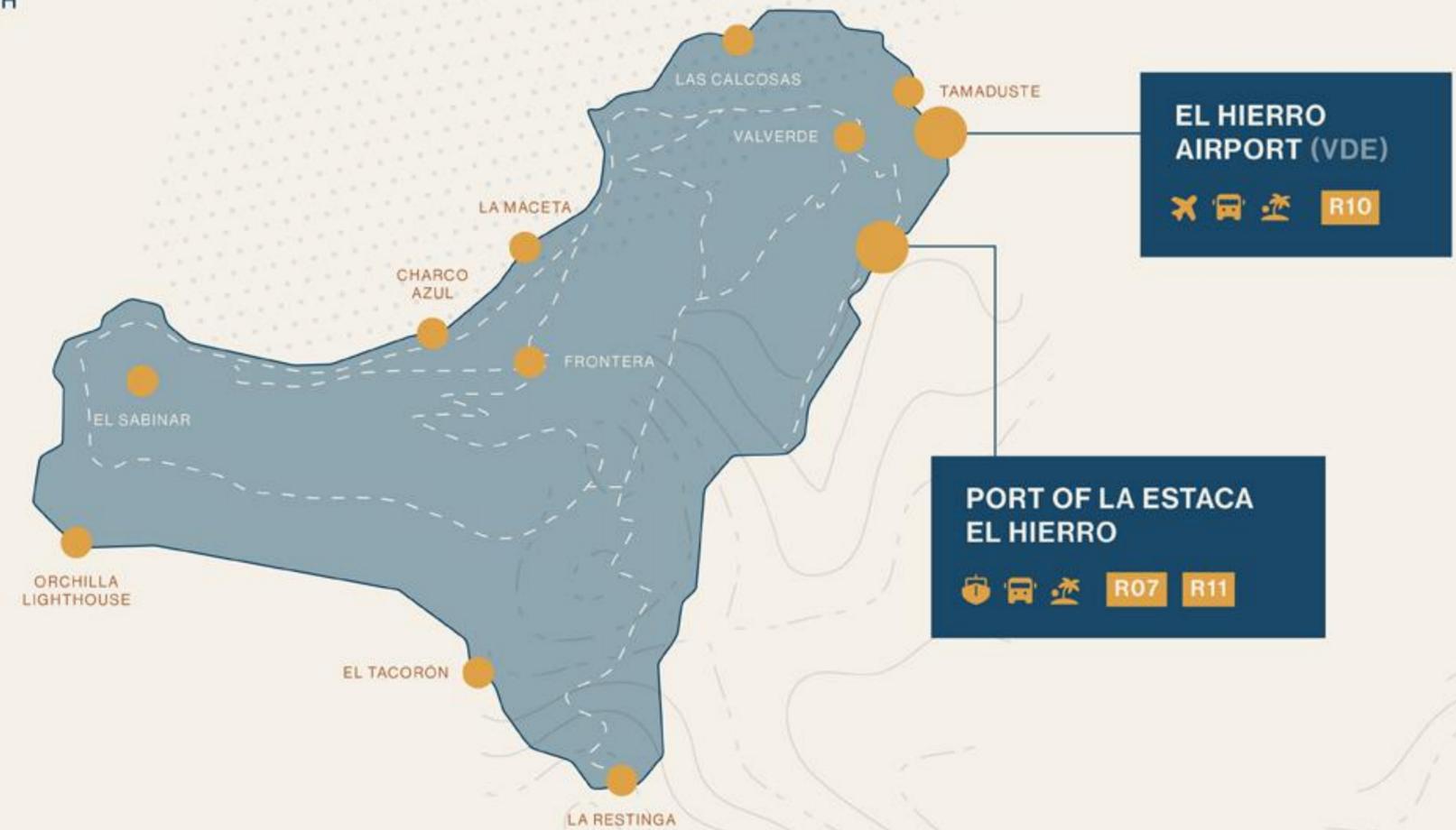
El Hierro offers an efficient public transportation network and vehicle rental options that make exploring the island easy. Whether you want to admire its volcanic landscapes, relax on its beaches, or visit its villages, public transportation will take you to your destination efficiently.

Public Transportation

 Taxis

 Buses

-  ROAD
-  PORT
-  AIRPORT
-  BUS
-  BEACH





 Salmor Rocks



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www.puertosdetenerife.org